

VP-4 PDSC



Information Packet

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September 2015

- VP-4 PDSC Town Hall
- Social Media (Facebook) integration

October 2015

- "Team Whidbey" briefs at MCBH

November 2015

- VP-4 PDSC Town Hall (TBD)

December 2015

- 01 DEC 15 'Promulgation Date'
- PDSC Certificates (orders) can be written

March 2016

- Aircraft begin departing for deployment

April 2016

- VP-4 deployment start

15 September 2016

- VP-4 re-deployment complete to NASWI

1 October 2016

- PDSC 'Effective Date'
- VP-4 is officially a Whidbey Island squadron
- Pay and entitlements shift from Hawaii to Whidbey Island

31 October 2016

- P-8A transition training starts at NASWI

January – March 2017

- P-8A transition training continues at NAS Jacksonville

April – May 2017

- Final P-8A transition training at NASWI

Fleet and Family Support Center (FFSC)

<http://whidbey.navylifepnw.com/>

Normal Operating Hours*

0730-1700 (M-Th)

0730-1600 (Fri)

*Note: Special circumstances outside of normal hours can be addressed and supported if command representatives are made aware in advance.

FFSC and Support Points of Contact

FFSC VP-4 Command Representatives:

Kristine Patrick, kristine.patrick.ctr@navy.mil, 360-257-8058

Bill Conley, william.d.conley.ctr@navy.mil, 360-257-1824

Rick Helwick, rick.helwick.ctr@navy.mil, 360-257-5268

Work and Family Life Supervisor

Pamela Delaney, pamela.delaney@navy.mil, 360-257-5267

Chief of Clinical Services:

David White, david.m.white@navy.mil, 360-257-8892

Sexual Assault Response Coordinator (SARC)

Kathleen Schofield, kathleen.schofield@navy.mil, 360-257-8893

Additional Contact Information

FFSC Front Desk, 360-257-6289

Centralized Scheduling, 1-866-854-0638

FFSC Programs

Counseling

Individual, Marriage, Family, Child counseling services are available. Currently there is no waiting list and appointments are available by calling Centralized Scheduling at 1-866-854-0638.

Deployment Support

Provides FRG training, Return & Reunion and pre/mid/post-deployment services for the command and families.

Exceptional Family Member Program (EFMP)

Works with families to provide information, referral, identify resources, system navigation and non-medical case management. There are quarterly networking events for EFMP families and Command POCs.

Family Employment Readiness Program

Resume Writing Assistance, Job Search Assistance in the local and surrounding area, Mock Interviews and Job Fairs.

Life Skills Education

Stress and Anger Management, Parenting, Communication, Conflict Resolution classes quarterly and upon request by command

Personal Financial Management

Home Buying, Money and the Move, Car Buying, Command Financial Specialist and Million Dollar Sailor classes are offered quarterly.

Relocation/Hospitality Kits

Welcome Aboard packets for Change of Homeport. Although somewhat limited in quantity, FFSC can provide hospitality kits to families awaiting Household Goods (HHGs) to arrive. The kit contains place settings for a family of four (additional available for larger families), pots and pans, cooking utensils, coffee pot and toaster. Ironing boards and air mattresses are also available. Families may borrow the kits for two weeks with extensions available upon request. Additional programs and community websites may provide alternative avenues for inexpensive/free furniture such as Navy and Marine Corps Relief Society (360-257-2728), "Garage of Blessings" and "Whidbey Buy Sell trade."

Transition GPS

Monthly Separation & Retirement TGPS workshops & CAPSTONE Events are offered. Quarterly Accessing Higher Education, Career Technical Training and Entrepreneurship workshops, family members welcome to attend, schedule through Command Career Counselor and Regional Scheduling Line – 1-866-854-0638.

New Spouse Orientation/COMPASS

At Naval Air Station Whidbey Island (NASWI), FFSC offers New Spouse Orientation once a quarter. There is potential for FFSC to present this to spouses during their visit in Hawaii. Currently the COMPASS program at NASWI is in transition and there is no class schedule. They can be contacted at www.gocompass.org/whidbeyisland. Compass uses Naval Services Family Line publications. FFSC has some of these available at the FFSC. Currently, *Sea Legs: A Handbook for Navy Life and Service* is on backorder through Naval Services Family Line publications. The FFSC makes packages for New Spouses that are handed out during our New Spouse Orientation workshop. FFSC can also coordinate a bus tour of NASWI and the city of Oak Harbor through MWR.

SAPR 24 / 7 Response

NASWI SAPR Advocate 360-914-7867 and 360-914-7855

DoD SAFEHELPLINE 877-995-5247

NASWI SARC 360-914-7834

Employment

FFSC reports that almost 80% of local job opportunities are not directly advertised. Contact VP-4 command representatives to find out more about local job opportunities, occupation trends and more.

FFSC/Recommended Links:

NASWI installation and local area information:

www.militaryinstallations.dod.mil/pls/psgprod/f?p=132:CONTENT:0::NO::P4_INST_ID,P4_INST_TYPE:5080,INSTALLATION

Fleet and Family Readiness (FFR) Whidbey Island

<http://whidbey.navylifepnw.com/>

FFR Relocation Assistance

<http://whidbey.navylifepnw.com/support-programs/relocation-assistance>

FFSC Classes and Workshops:

<http://whidbey.navylifepnw.com/support-programs/fleet-family-support-center/classes-workshops>

FFSC Support Webinars

<http://whidbey.navylifepnw.com/support-programs/fleet-family-support-center/support-webinars>

FFSC Support Podcasts

<http://whidbey.navylifepnw.com/support-programs/fleet-family-support-center/support-podcasts>

Whidbey Island FFR Facebook Page

<https://www.facebook.com/WhidbeyFFR>

NASWI Facebook Page

<https://facebook.com/pages/Naval-Air-Station-Whidbey-Island/155456331140036>

NASWI Air Terminal Information

<https://www.facebook.com/NASWIairTerminal>

Exceptional Family Member Program (EFMP)

You may make an appointment for the initial briefing with the Exceptional Family Member Program coordinator by calling the TRICARE Regional Appointment Center at (800) 404-4506.

Exceptional Family Member Coordinator:

HM2 Sharon A. Tate

Naval Hospital Oak Harbor, Patient Administration Department

Sharon.a.tate.mil@mail.mil

(360) 257-9493

The Navy encourages sponsor enrollment at least 10 months prior to a Permanent Change of Station (PCS) move, so the detailee will have time to work with the sponsor and pinpoint the best possible assignment to meet both the Navy's needs and the family's special needs. A sponsor does not have to be eligible for orders to register. Enrollment does not prevent a sponsor from meeting their sea duty obligations nor will it preclude a member for accepting a voluntary unaccompanied tour.

EFMP Instructions and Application

<http://www.med.navy.mil/sites/nhoh/Services/PublishingImages/SuitEFMPGuide.pdf>

<http://www.med.navy.mil/sites/nhoh/Services/Documents/dd2792.pdf>

Manage your TRICARE Online

The following links is to a power point that enables you to manage your TRICARE online;

<http://www.med.navy.mil/sites/nhoh/SiteCollectionDocuments/2TricareOnlinePP.pdf>

Set up your prescriptions, manage your referrals, view lab and radiology results, and contact your provider. The online account also enables you to schedule your own medical appointments.

Useful Links

Naval Hospital Oak Harbor home page

<http://www.med.navy.mil/sites/nhoh/Clinics/Pages/AvMed.aspx>

Medical Homeport Brochure

http://www.med.navy.mil/sites/nhoh/Clinics/Documents/WhatMHP_CanDoForYou%20.pdf

Referrals Information

http://www.med.navy.mil/sites/nhoh/SiteCollectionDocuments/1Mytricare_PP_Oct2014.pdf

Back to School Forms

<http://www.med.navy.mil/sites/nhoh/Clinics/Pages/WellVisitForms.aspx>



REMOTE LOCATION



Map #	Facility	Time	Miles
1.	Naval Hospital Oak Harbor		
2.	Whidbey General	30 minutes	15
3.	Island Hospital	30 minutes	20
4.	Skagit Valley	45 minutes	28
5.	St. Joseph's Hospital	1 hour, 15 minutes	50
6.	Providence Hospital	1 hour, 15 Minutes	55
7.	Naval Hospital Bremerton	2 hours, 30 minutes	70 (Includes ferry)
8.	Seattle:		
	- Harborview Hospital	2 hours, 15 minutes	95
	- Children's Hospital	2 hours	92
	- VA	2 hours	97
9.	Madigan AMC	3 hours	135



Child Development Center (CDC)

General Information and Locations

The two CDCs ("Clover" and "Regatta") are located near the Seaplane Base (near the Victory Terrace Housing area). A Youth Center is also located in that housing area which has an open recreation program for teenagers and the School Age Care (SAC) program. The Child Development Homes (CDH) Program's Office is located in Building 13 on the Seaplane Base

CDC Capacities

Clover CDC – 112
Regatta CDC -218
School Age Care Program-120
Teen Program/Youth Center- 100
CDH providers-28 homes (13 accredited by NAFCC, some on and off-base)

CDC Hours, Cost and Availability

- a. CDCs and SAC programs
 - a. 0600-1800, M-F
- b. Open Recreation /Teens
 - a. 1200-1800, M-Th and 1400-2200 F
- c. CDH homes
 - a. Hours vary
 - i. Open at least 50 hours per week
 - ii. Some home accommodate evening, extended hours and weekend care
 - b. Accommodates extended care, weekend care and overnight care
- d. Child care is available on a first come, first serve basis during regular hours of operation
- e. Cost
 - a. \$4/hour/child
- f. Offer the Give Parents A Break (GPAB) program
 - a. One Saturday a month (1300-2100)
 - b. Second Thursday each month (1730-2130)
 - c. Fourth Tuesday each month (1730-2130)
 - d.

Average Wait Times

- a. CDCs – 16 days
- b. SAC program – 6 days

Supported Children Ages

- a. CDC – 6 weeks to 5 years old
- b. SAC – Kindergarten to 5th Grade (5-12 years old)
- c. Teen/Open Recreation – 12 to 18 years old
- d. CDH Program – 4 weeks to 12 years old

Requirements

- a. Vaccinations per Washington State standards
- b. Valid military/dependent ID card

Private Schools (Pk – 12)

Oak Harbor:

- *Oak Harbor Christian School Pk-8th (360) 675-2831
- *North Whidbey Christian High School Grades 9-12 (360) 675-5352
- *Der Kinderhuis Montessori PK-4 (360) 375-4165
- *North Whidbey Kids Academy PK-2 (360) 675-4911
- Bible Baptist Church School (360) 679-6497
- Concordia Lutheran Church Little Lambs Preschool (360) 675-2548
- Oak Harbor Lutheran Church His Kids Preschool (360) 679-1561
- Whidbey Christian School Grades 1-8 (360) 279-1812
- Hand-in-Hand Learning Center (development and low income PK) (360) 279-5928

Anacortes:

- Anacortes Lutheran Church Preschool (360) 293-9586
- Fidalgo Bay Montessori PK-K (360) 588-0759
- San Juan Montessori PK-K (360) 293-9824

Coupeville:

- Central Valley Cooperative Preschool (360) 9669-2491

Langley/Clinton:

- Island Christian Academy PK-12th (360) 221-0919 (Langley)
- *Whidbey Island Waldorf School PK-8th (360) 341-5686 (Clinton)
- Wellington Day School PK-7th (360) 341-1252 (Langley)

Mt. Vernon:

- *Mt Vernon Christian School PK-12th (360) 424-9157
- *Immaculate Conception Regional School PK-8th (360) 428-3912
- *Foothills Christian School PK-8th (360) 420-9749
- Viewcrest Christian School PK-8th (360) 428-3040

Burlington:

- *Skagit Adventist Academy PK-12th (360) 755-9261
- Burlington Little School PK-1st (360) 757-8257

***Accredited by OSPI (Washington Office of the Superintendent of Public Instruction)**

Other private preschools may be found at: www.greatschools.org
Washington State Childcare and Preschool Options: www.del.wa.gov/care/
Military Childcare Options: www.militarychildcare.com or (855) 696-2934

Updated: June 2015

Public School Information

NASWI Schools Liaison Officer (SLO)

POC: Brenda Kovach, brenda.kovach@navy.mil, 360-257-6863

School Districts

- a. Schools for Base Housing Children of families who live in base housing will attend school in the Oak Harbor School District, a civilian school district: www.ohsd.net
- b. Oak Harbor School District
 - a. 5,500 students; 36% are active-duty military
 - b. Oak Harbor District has a boundary map which indicates which school children will attend by geographic area
 - c. There are 5 elementary schools, 2 middle schools, and 1 high school.
- c. Anacortes School District
 - a. 2,700 students; 8% are active-duty military
 - b. Permits elementary school choice based on available space among their 3 elementary schools. There is only 1 middle school and 1 high school, so no boundary areas needed.
- d. Coupeville School District
 - a. 901 students; 10% are active-duty
 - b. Coupeville has 1 elementary school, 1 middle school, and 1 high school, so no boundary areas.

In Washington State, school districts have procedures for families to apply to have their children attend school in another district, but the final decision is up to sending and receiving districts, and parents must provide transportation.

District/School Requirements for Entry

In Washington children must be 5 years old by August 31st to enter Kindergarten. In Hawaii, children must be 5 by July 31st. So, children turning 5 in August will be eligible for Kindergarten in WA, whereas they would not be eligible in Hawaii. All 3 nearby school districts have full-day Kindergarten for all students.

- a. Vaccination requirements – Children who meet school vaccination requirements in HI would meet school vaccination requirements in WA. Should additional vaccinations be required, the Interstate Compact provides for 30 days after new school entrance to obtain needed vaccinations.
- b. Educational requirements – Graduation and program placement requirements in HI and WA differ, but these are addressed by the Interstate Compact for military children. Local education officials may waive requirements to help with the smooth transition of military students into their new school, along with helping military children graduate on-time. Contact School Liaison Officer (SLO) for specific concerns!

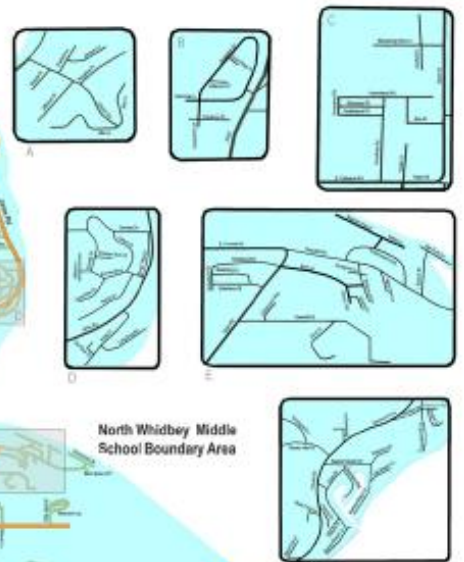
- c. Public/private school options, information, tuitions – All public/private school options can be found by zip code at www.greatschools.org. NASWI SLO has prepared a list of PK-12 private school options by area.
- d. Buses/transportation – Bus transportation is provided in all nearby school districts for children who live outside a 1mile radius of the school (state law).
- e. School meals – hot lunch is provided at all local school districts. Many provide breakfast as well. Free or Reduced Price Meal applications are available for students from families with lower incomes.
- f. Power of Attorney requirements – A Child Care Power of Attorney from the Legal Services Office permits military members to appoint a person to care for minor children, such as register for school and authorize medical treatment when parents can't be reached. (Not a substitute for Family Care Plan). Schools would need this or guardianship papers for child to be registered in school by non-parent. Oak Harbor Schools have a "Caregiver Authorization Affidavit" that parents can sign to permit a caregiver to enroll the child in school and authorize medical care.

Oak Harbor School District School Boundaries - 2007

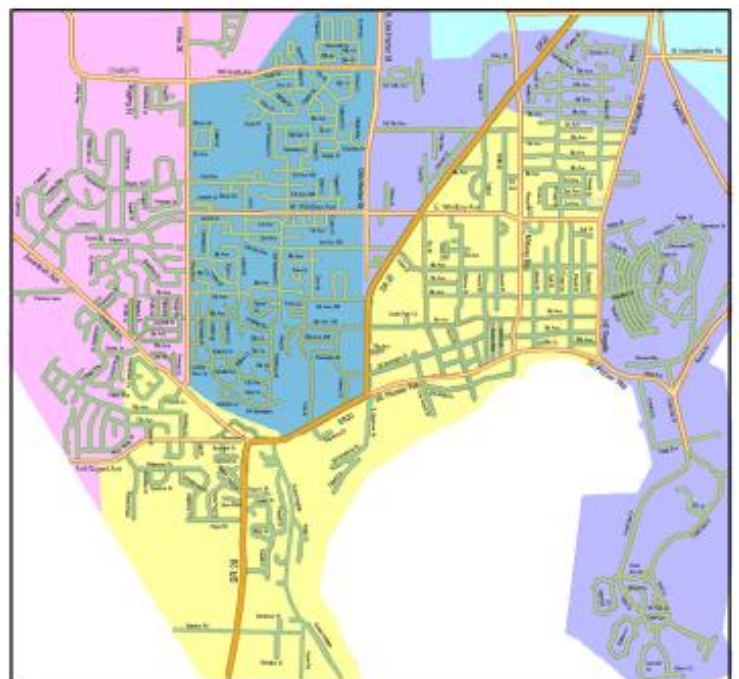
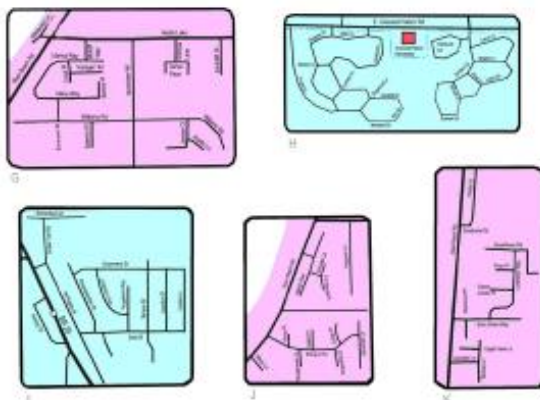


- Maylor Point Swing Area
(OVE or CHE)
- Broad View Elem
- Crescent Harbor Elem
- Hillcrest Elem
- Oak Harbor Elem
- Olympic View Elem
- Middle School
Boundaries

Oak Harbor Middle
School Boundary Area



North Whidbey Middle
School Boundary Area



Medical Information- Naval Hospital Oak Harbor (NHOH)

Flight Medicine

Hours

Mon - Fri: 0700 - 1600

Walk-ins: 0700 - 0830

Sat, Sun, and Holidays: Closed

Records Office: Monday - Friday 0700 – 1600

Phone numbers

Aviation Medicine Appointment Line (360) 257-9400

Flight Medicine Records Room (360) 257-9923

Same Day Acute Appointments and RN (360) 257-9930

Physical Exams Administration Office (360) 257-9651

Physical Exams (not an appointment line) (360) 257-9845

Family Medicine

The Medical Home Port Team is the primary care clinic of Naval Hospital Oak Harbor (NHOH). NHOH provides patient-centered care to active duty, retirees, and eligible family members who are TRICARE Prime enrollees for ages ranging from infancy to the elderly. These services include routine visits, health maintenance and preventive screenings, Obstetric outpatient services, minor surgical procedures, pediatric counseling, patient education, and services for selected specialty care areas. Urgent and emergent pediatric consultations are available upon direct provider referral. In addition, referrals to other military treatment facilities or the civilian network are provided for specialty care services not available in the facility.

They encourage all patients to register for [RelayHealth](http://www.relayhealth.com) (www.relayhealth.com), the secure email system that allows you to email your Provider/Team for advice, to request an appointment or medication renewal, receive lab/test results and health care reminders from your team, etc. You can also make appointments online at: [TRICARE Online](http://www.tricareonline.com) (www.tricareonline.com).

Hours

Mon - Fri: 0700 - 1800

Saturday: 0900-1200

Sunday and Holidays: Closed

Phone numbers

Olympic Team Clerk (360) 257-9561

Cascade Team Clerk (360) 257-5106

TRICARE Regional Appointment Center (800) 404-4506

Mental Health Care Information Line (800) 404-5076

Nurse Advice Line (24/7) (800) 874-2273 (option 1)

FREQUENTLY ASKED QUESTIONS

How do I make an Appointment?

You can schedule an appointment with your PCM:

- Tricare Online
- Call TRAC (800) 404-4506
- Call the team scheduling clerk

How do I get a referral or renew one?

- If you have a referral that is expired, you can call the team clerk or send a Relay Health message to your PCM.

****If you don't have a referral you will need to make an appointment with your PCM.**

How do I get a medication refill?

If you have refills remaining on your prescription:

- Call the Pharmacy refill line at 257-9701
- Tricare Online

If you are out of refills or the prescription is expired you can:

- Relay Health message your provider
- Make an appointment
- Call the clinic

How can I get my laboratory or other test results?

- Tricare Online www.tricareonline.com
- Relay Health message your provider
- Call the clinic

PCS CHECK IN TO WHIDBEY

- Enroll with TRICARE online or by phone
- Schedule a check in visit with your new flight surgeon
- Bring your medical record
- Bring your prescription bottle(s) to transfer your medications to NHOH

RELAY HEALTH ONLINE

Relay Health is a secure email messaging system. Registration is quick and easy! Just ask one of the staff members how to sign up.

Relay Health offers a variety of services which put you in touch with your health care team.

- Consult Your Primary Care Manager (PCM)
- Request an Appointment
- Request Medication Refills
- Request a Lab/Test Results
- Send a Note to your Doctor's Office

You will also receive periodic emails from the clinic providing important information and updates.

TRICARE ONLINE

<https://www.tricareonline.com>

- Access appointments
- Prescription refill
- Blue button for lab results and other health information
- Health Risk Assessments
- Secure Messaging

WHAT CAN YOU DO TO MAKE YOUR CARE BETTER?

- Be on time for appointments, arrive 15 minutes prior
- Bring a list of questions or concerns
- Bring a list of medications you use
- Tell your provider if you received care outside of the NHOH medical home team
- Call to cancel appointment if you are not able to make it. This opens the appointment for another patient to utilize.
- Use Relay Health when possible, it could save you a trip!

MEDICAL HOME PORT

Your Home for Health Care!



FAMILY MEDICINE PEDIATRICS AVIATION MEDICINE

NAVAL HOSPITAL OAK HARBOR
3475 N Saratoga Street
Oak Harbor WA 98278
<http://www.med.navy.mil/sites/nhoh/Pages/default.aspx>

AVIATION MEDICINE

The Aviation Medicine Department provides care to active duty personnel assigned to operational units attached to NAS Whidbey Island.

SERVICES OFFERED:

Routine Appointments
Aviation Physical Exams
Separation Physicals
Audiograms
Flight Deck Screenings
Health Education
Behavioral Health

HOURS OF OPERATION

Monday—Friday 0700-1600

APPOINTMENTS

Scheduling Clerks: 257-9400

Relay Health: www.relayhealth.com

Pharmacy Refill Line 257-9701

Mon- Fri 0730 to 1830

Sat & Sun 0800-2000 pick up only

Laboratory 257-9670

Mon - Fri 0715 to 1530

Radiology 257-9630

Mon-Fri

Optometry 257-9788

Mon-Fri 0700-1600

FAMILY MEDICINE

The Family Medicine Department provides care for TriCare Prime active duty, retirees and family members of all ages.

SERVICES OFFERED:

Acute Care
Physical exams
Well women exams
Chronic Disease Management
Preventive Health Care
Behavioral Health

HOURS OF OPERATION

Monday - Friday 0730 - 1800

Saturday 0900 - 1200

Federal Holidays

& Sunday CLOSED

APPOINTMENTS

Relay Health: www.relayhealth.com

TEAM OLYMPIC: 257 - 9561

TEAM CASCADE: 257 - 5106

NURSE ADVICE LINE

1-800-TRICARE (874-2273)

The advice line provides 24 hours a day 7 days a week access to a registered nurse.

The nurse is able to:

- Telephone triage
- Provide advice
- Book an appointment with your team provider, if needed

PEDIATRICS

The Pediatric Department is a medical team that provides and coordinates care for children from birth to age 18.

SERVICES OFFERED:

Acute Care
Chronic Care including Asthmas, ADHD, and special needs
Well Child Exams
Sports Exams
Behavior Health Concerns

HOURS OF OPERATION

Monday - Friday 0730 - 1800

Saturday 0900 - 1100

Federal Holidays

& Sunday CLOSED

APPOINTMENTS

Relay Health: www.relayhealth.com

Scheduling Clerks: 257-9782

Immunizations 257-9591

Information Desk 257-9501

TRICARE Regional Appointment Center

TRAC (800) 404-4506

Monday—Friday 0600 to 2000

Saturday & Sunday 0700 to 1530

Housing Information

Housing Points of Contact

NASWI Housing Managers

Timothy J. Switalski, timothy.switalski@navy.mil, 360-257-1013

Peggy A. McClary, peggy.mcclary@navy.mil, 360-257-1013

General Housing Information, Waitlist and Forest City Referral information

Only Private Public Venture (PPV) housing is available at NASWI (Forest City). Applications for NASWI PPV housing can be made prior to the PDSC. Application information can be found in the below HEAT link.

Priority for referrals by the housing office is dictated by CNICINST 11103.5. NASWI Housing will utilize the VP-4 PDSC Promulgation Date (01 December 2015) as the waitlist control date for personnel executing the PDSC from Hawaii. Waitlisted times from MCBH housing are not taken into account. VP-4 Prospective Gains (PGs) will be assigned a control date using the first day of their detaching month (from prior command to VP-4).

All referrals to PPV are good for two weeks to choose and sign pre-lease paperwork. Move-in should occur within two weeks of the unit being ready for occupancy. Case-by-case issues will be handled separately between Housing Support Center (HSC) and Forest City. A Special Power of Attorney is required for spouses to start and stop allotments for PPV housing. Only E-6 and above can elect to continue waiting for specific housing areas.

NASWI Housing Wait Times (as of July 2015)

Enlisted – Bedrooms	Whidbey Apts SVR, Crescent Harbor I/II Maylor Point	Crescent Harbor III Oriole Street (E6)
2	1-2 mos	
3	1-2 mos	3-4 mos
4	2-3 mos	3-4 mos
Khaki – Bedrooms	Maylor Point	Forbes Point (O4-O5 Maylor Glacier (O1-O3) Coral Sea (E7-9)
3	2-3 mos	4-6 mos
4	3-4 mos	4-6 mos

Energy Usage

NASWI PPV housing utilizes the Resident Energy Conservation Program (RECP).

Pets

Pet are governed by Forest City policy. Currently up to two pets (requires addendum). All dog breeds are allowed except for wolf-hybrids and require microchip, pictures, and rabies vaccination/records.

Firearms

All weapons must be registered with base security and Forest City. Violations of policy will be cause for eviction.

PPV Home Amenities

Washers and dryers are NOT supplied with PPV homes; electric washer and dryer hooks-ups only. Some homes come equipped with a microwave.

NASWI Housing Neighborhoods

Enlisted E1-E6 Neighborhoods_Whidbey Apartments - Townhouse Style – 80 (2/3BR)

All Pet Friendly units (maximum of 2 pets) These two and three bedroom units are located outside the Langley gate of Ault Field. They are multi-family, townhouse-style dwellings with one assigned covered parking space. Overflow parking is nearby.

Victory Terrace – Single Family Homes & Townhouse Style - 653 Units

- **Saratoga Heights (Renovated 1999)**
 - **286 Units - 2/3/4BR**
 - **1 Unit diverted for PPV use (Model Home)**
- **Victory Park (MILCON 2003)**
 - **200 Units - 2/3/4BR**
- **Rockhill Terrace (MILCON 1996)**
 - **106 Units - 2BR**
- **Oriole St. (PPV Construction 2007)**
 - **61 Units - 22-4BR & 39-3BR**

All Pet Friendly units (maximum of 2 pets)

- These two, three, and four bedroom units are located on the Seaplane Base property, outside the gated area. They are multi-family dwellings. Each unit has an attached one-car garage with overflow parking nearby.
- The PPV constructed units are three and four bedroom single-family multi-level units. They are located on the Seaplane Base property, outside the gated area. Each home has a fenced backyard, two-car garage, hardwood- laminate and carpet floors and forced air gas heat.

- **Crescent Harbor (Capehart) – Single Family Homes - 471 Units**

- **Navy Reno (Renovated 2003)**
 - **129 Units 14 - 4BR & 115-3BR**
- **PPV Reno (PPV 2009/2010)**
 - **158 Units 17 - 4BR & 142-3BR**
 - **1 Unit diverted for PPV use**
- **PPV Construction (2006)**
 - **184 Units 146 - 4BR & 38-3BR**

All are pet friendly units (maximum of 2 pets)

- This neighborhood is a mixture of PPV Construction, Navy Renovated, and PPV Renovated single family units. Three and four bedroom single-family units located one mile east of the Seaplane Base.
- Each home has a fenced backyard.
- The Navy renovated units have a one car garage. Some units have laminate flooring; some are carpeted and have forced air gas heat.
- PPV renovated units have carports with storage carpeted floors, and electric baseboard heat.
- PPV Construction units are three and four bedroom single-family multi-level new construction units. Each home has a fenced backyard, two-car garage, hardwood-laminate and carpet floors and has forced air gas heat.

Neighborhoods (E1-E6 Continued)

- **Maylor Point (Capehart) - Single Family Homes 46 Units - 3/4BR**

All are pet friendly units (maximum of 2 pets)

- These Navy renovated units are all three and four bedroom single-family units and are located within the gated area of the Seaplane Base.
- Each home has a fenced backyard and one car garage. Some units have laminate flooring; some are carpeted and have forced air gas heat.
- Only one loop designated for E1-E6

- **Maylor Point - Attached (Duplex) 14 Units - 3/4BR**

All are pet friendly units (maximum of 2 pets)

- These Navy renovated units are all three and four bedroom duplex-style, single-level units and are located within the gated area of the Seaplane Base
- Each home has a fenced backyard and one car garage. Some units have laminate flooring; some are carpeted and have forced air gas heat.

Officer and Senior Enlisted Neighborhoods: (E7-O5/O6)

- **Maylor Point (Capehart) – Single Family Homes 121 Units - 3/4BR**

All are pet friendly units (maximum of 2 pets)

- These Navy renovated units are all three and four bedroom single-family units and are located within the gated area of the Seaplane Base.
- Each home has a fenced backyard and one car garage. Some units have laminate flooring; some are carpeted and have forced air gas heat.

- **Forbes Point - (PPV Construction 2006) 37 Units - 34-4BR & 3-3BR**

All are pet friendly units (maximum of 2 pets)

- PPV Construction units are three and four bedroom single-family multi-level new construction units and are located within the gated area of the Seaplane Base. Each home has a fenced backyard, two-car garage, hardwood- laminate and carpet floors and has forced air gas heat.

- **Maylor Glacier - (PPV Construction 2007) 35 Units - 11-4BR & 24-3BR**

All are pet friendly units (maximum of 2 pets)

- PPV Construction units are three and four bedroom single-family multi-level new construction units and are located within the gated area of the Seaplane Base. Each home has a fenced backyard, two-car garage, hardwood- laminate and carpet floors and has forced air gas heat.

- **Coral Sea - (PPV New Construction 2009) 42 Units - 18 - 4BR & 24 - 3BR**

All are pet friendly units (maximum of 2 pets)

- PPV Construction units are three and four bedroom single-family multi-level new construction units and are located within the gated area of the Seaplane Base. Each home has a fenced backyard, two-car garage, hardwood- laminate and carpet floors and has forced air gas heat.

- **Farm Houses - Single Family Homes 12 Units - 2/3/4BR**

- **8 Units excluded for future demolition= Active units – 3, (3/4 BR)**
- **1 Unit returned to Navy FY14 (OLF)**

All are pet friendly units (maximum of 2 pets)

- These units are located within the parameters of both Ault Field and the Seaplane Base in non-residential areas. Quarters “A” designated for ICO, located on the Sea Plane Base. All others for E7 and above..

Total Current Active Inventory – 1502 Units

PPV Construction, (All built between 2006 - 2009) – 360 units

Amenities

- **Community Centers - 3 Buildings**
 - Locations Maylor Point, Crescent Harbor and Victory Terrace
 - Large Multi-Purpose rooms, full kitchens, weight/exercise rooms, kids play area, and Management Offices.
- **Skate Park (PPV built, Navy owned)**
 - Location, by youth center (Victory Terrace Neighborhood)
- **Dog parks**
 - Locations, all neighborhoods.

Housing Related Links

FFSC Housing Information

<http://whidbey.navylifepnw.com/programs/429c0f08-63d7-41ff-906e-a2cad91e23ca#>

Forrest City, Navy Northwest

<http://www.fcnavynorthwest.com/>

Housing Early Application Tool (HEAT)

<http://whidbey.navylifepnw.com/housing/family-housing/applying-for-housing>

Resident Energy Conservation Program (RECP)

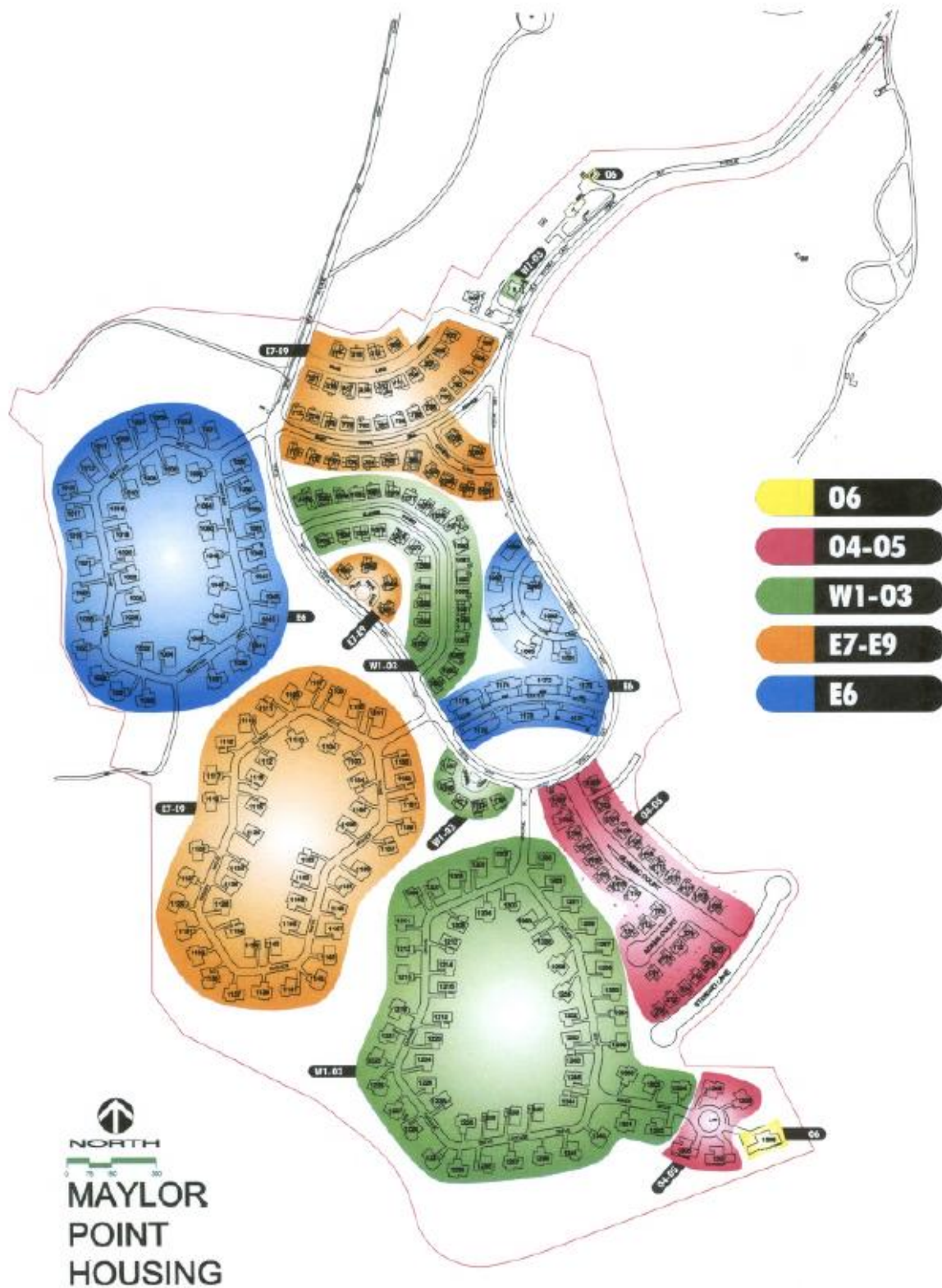
<http://www.fcnavynorthwest.com/recp/>

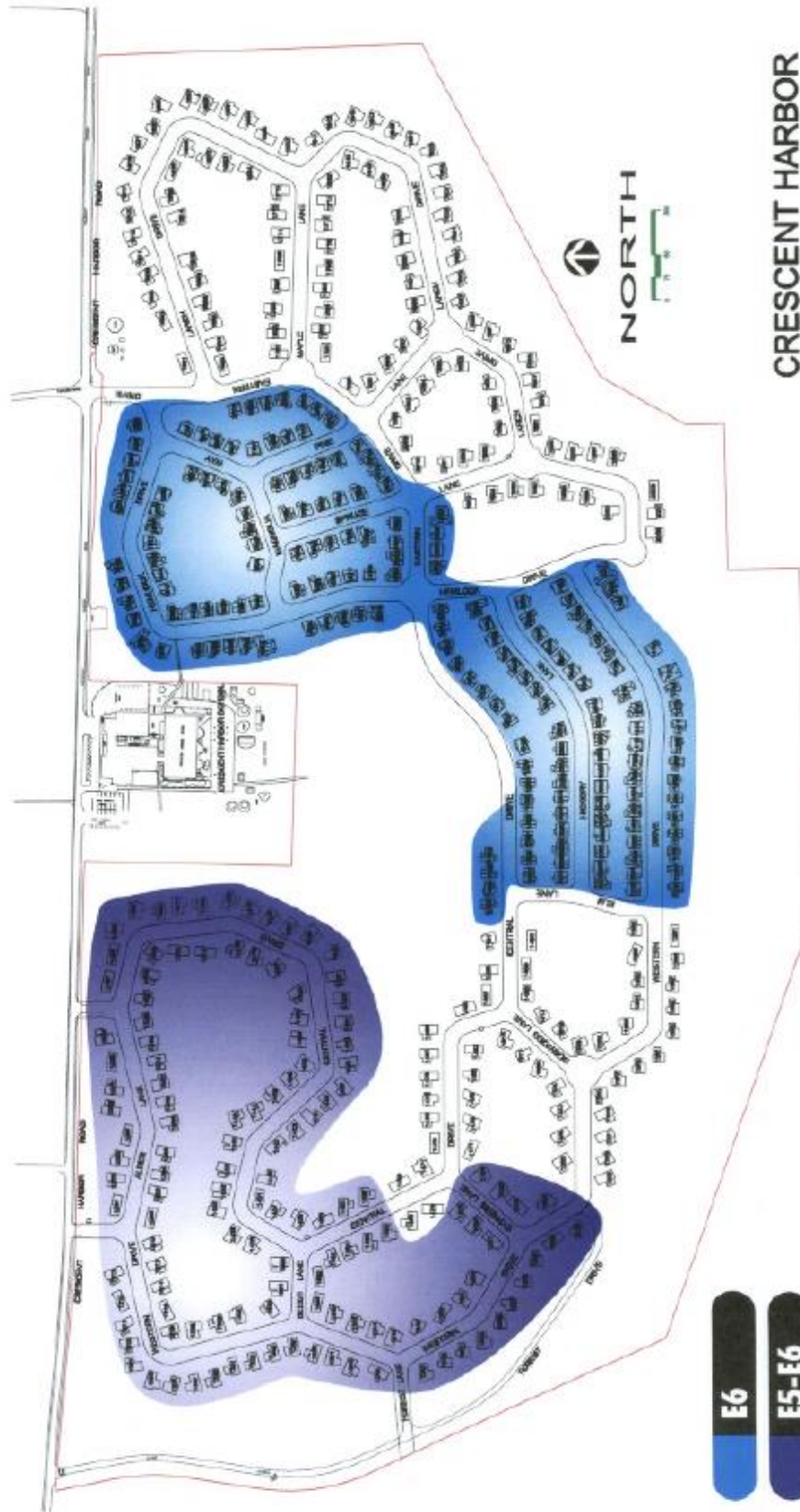
Rental Partnership Program (RPP)

<http://whidbey.navylifepnw.com/housing/housing-service-center/rental-partnership-program>

Homes.mil

<https://www.homes.mil/homes/DispatchServlet/HomesEntry>







Housing Early Application Tool

What is HEAT?

HEAT stands for Housing Early Application Tool. Navy Housing has developed HEAT to assist service members (SVMs) and their families in applying for housing Navywide. HEAT allows SVMs and their families to get the housing application process started at one or more Navy installations online before or after they receive their Permanent Change of Station (PCS) orders. HEAT is available to any SVM at all Navy installations.

HEAT creates an easy user experience to connect with your destination. Spouses can use the application as well, needing only minimal information about their SVM.

All you need to get started:

- Sponsor's Last Name
- Sponsor's Social Security Number
- Your Contact Information
- New Duty Location(s)

PLEASE NOTE: HEAT cannot improve your position on a housing wait list. This is determined by regulations based on having orders, SVM housing priority and detachment date from current duty station. HEAT allows SVMs to make earlier contact, complete their application and, after receiving orders be placed on the wait list.

Want to learn more? See our [HEAT video](#), [FAQs](#) and our [HEAT brochure](#).

Ready to get started? <https://www.dko.mil/heat/apply>

Have you already used HEAT and would like to give us your [feedback](#)?

Who can use HEAT?

Any active duty service member (SVM) or their spouse moving onto a Navy installation. Also, DoD Civilians transferring to overseas Navy installations.

Does using HEAT place the SVM on the housing wait list earlier or in a higher spot?

No. Position on the housing wait list is determined by regulations based on SVM housing priority and detachment date from current duty station. HEAT allows SVMs to make earlier contact, complete their application and, after receiving orders, be placed on the wait list.

Is it necessary to use a government computer for HEAT?

You can access and use HEAT from ANY computer. You do not need a government computer or a CAC to use it. All you need is the DoD ID number of the SVM.

Is HEAT secure?

HEAT meets all DoD requirements for protection of your privacy and personal information.

I don't have my orders but I know where I'm going. Can I use HEAT?

YES! SVMs or their spouses may use HEAT at any time to request information about housing or to check on their eligibility for Navy or privatized housing.

What information do I need to provide for HEAT?

Like other Navy processes, the SVM's social security number and last name are used to access your record.

In addition, you will need to provide the applicant's best contact phone number and email address.

Can unaccompanied SVMs and civilian personnel entitled to military housing use HEAT?

YES! Unaccompanied SVMs and civilian personnel are encouraged to utilize HEAT to contact the Housing Service Center (HSC) at any Navy installation.

Can SVMs/Spouses apply to more than one installation?

Yes, you may submit HEAT applications to as many installations as you like. You will be contacted by, and receive information from, each installation.

I've applied. What happens next?

Someone from the HSC will contact you within one business day to get the process started. PLEASE NOTE: Some Navy Housing Service Centers have limited staffing. If you have not received information from the HSC in a reasonable amount of time, please contact them directly.

I couldn't find my installation in HEAT. Aren't all Navy locations supposed to be listed?

HEAT is available at all Navy locations with a Navy Housing Service Center (HSC). At a few large Navy installations there is a single HSC that serves several commands in the area (e.g., San Diego and Hampton Roads serve all of the commands in the metro area). At Joint Base Andrews, Joint Base Charleston, and Joint Base McGuire-Dix-Lakehurst, all of which are managed by Air Force Housing, and Presidio of Monterrey, which is managed by Army Housing, HEAT is not available because the housing is not managed by the Navy. If you have orders to, or are interested in, a location not listed in HEAT, please contact that Installation directly. A more comprehensive list of and contact info for Navy HSCs is available at the Housing Quick Reference.

If HEAT checks DEERS for my eligibility information, why do I have to supply so much additional information to the HSC?

At this time, HEAT cannot verify your DEERS information is accurate and this requires us to ask for additional information (e.g., which dependents will be residing with you) to ensure appropriate processing for housing. We may also need to collect additional information that DEERS does not supply to accurately determine your eligibility and placement on the wait list. Some HSCs will choose to use a check sheet, and others may choose to use a Form DD-1746. We apologize for the apparent redundancy and hope to have the whole HEAT process automated in the near future.

I submitted an application, via HEAT. They responded with an email directing me to download and fill out a PDF application. This doesn't seem very automated.

Housing Service Centers (HSCs) prefer to contact you and complete your application over the phone. However, due to time zone differences and occasional difficulty in contacting a customer by phone, HSCs may need to request application information via email. You are always welcome to call the HSC at your convenience and speak directly to your counselor.

Local Area Housing Market Information *

OAK HARBOR

HOME VALUE INDEX - \$243,000

Median sale price - \$232,425

No data 1-yr forecast

The median home value in Oak Harbor is \$243,000. Oak Harbor home values have gone up 7.8% over the past year. The median rent price in Oak Harbor is \$1,010, which is lower than the Oak Harbor Metro median of \$1,150.

ANACORTES

HOME VALUE INDEX - \$302,700

Median sale price - \$332,275

+2.0% 1-year forecast

May 2014Jun 2015May 2016

The median home value in Anacortes is \$302,700. Anacortes home values have gone up 8.7% over the past year and Zillow predicts they will rise 2.0% within the next year. The median rent price in Anacortes is \$1,475, which is higher than the Mount Vernon Metro median of \$1,250.

COUPEVILLE

HOME VALUE INDEX - \$304,500

Median sale price - \$326,176

No data 1-yr forecast

May 2014Jun 2015May 2016

The median home value in Coupeville is \$304,500. Coupeville home values have gone up 10.4% over the past year. The median rent price in Coupeville is \$1,300, which is higher than the Oak Harbor Metro median of \$1,150.

BURLINGTON

HOME VALUE INDEX - \$216,200

Median sale price - \$193,000

+2.7 1-yr forecast

May 2014Jun 2015May 2016

The median home value in Burlington is \$216,200. Burlington home values have gone up 9.4% over the past year and Zillow predicts they will rise 2.7% within the next year. The median rent price in Burlington is \$950, which is lower than the Mount Vernon Metro median of \$1,250.

MOUNT VERNON

HOME VALUE INDEX - \$235,200

Median sale price - \$241,000

+2.5% 1-yr forecast

May 2014Jun 2015May 2016

The median home value in Mount Vernon is \$235,200. Mount Vernon home values have gone up 10.1% over the past year and Zillow predicts they will rise 2.5% within the next year. The median rent price in Mount Vernon is \$1250 which is higher than the Burlington median of \$950.

SEDRO-WOOLLEY

HOME VALUE INDEX - \$179,600

Median sale price - \$182,059

+1.7% 1-yr forecast

May 2014 - Jun 2015 - May 2016

The median home value in Sedro-Woolley is \$179,600. Sedro-Woolley home values have gone up 7.8% over the past year and Zillow predicts they will rise 1.7% within the next year. The median rent price in Sedro-Woolley is \$1,075, which is lower than the Mount Vernon Metro median of \$1,250.

FREELAND

HOME VALUE INDEX - \$330,700

Median sale price - \$314,500

No data 1-yr forecast

May 2014 - Jun 2015 - May 2016

The median home value in Freeland is \$330,700. Freeland home values have gone up 4.7% over the past year. The median rent price in Freeland is \$1,280, which is higher than the Oak Harbor Metro median of \$1,150.

LANGLEY

HOME VALUE INDEX - \$346,000

Median sale price - \$380,000

No data 1-yr forecast

May 2014 - Jun 2015 - May 2016

The median home value in Langley is \$346,000. Langley home values have gone up 3.4% over the past year. The median rent price in Langley is \$1,600, which is higher than the Oak Harbor Metro median of \$1,150.

CITIES OUTSIDE OF NASWI HOUSING AREA

BELLINGHAM

HOME VALUE INDEX - \$288,400

Median sale price - \$276,315

+1.6% 1-yr forecast

May 2014 - Jun 2015 - May 2016

The median home value in Bellingham is \$288,400. Bellingham home values have gone up 4.1% over the past year and Zillow predicts they will rise 1.6% within the next year. The median rent price in Bellingham is \$895, which is lower than the Bellingham Metro median of \$920.

EVERETT

HOME VALUE INDEX - \$259,300

Median sale price - \$266,700

+6.4% 1-yr forecast

May 2014 - Jun 2015 - May 2016

The median home value in Everett is \$259,300. Everett home values have gone up 6.7% over the past year and Zillow predicts they will rise 6.4% within the next year. The median rent price in Everett is \$1,131, which is lower than the Seattle Metro median of \$1,625.

*** Provided by Housing Manager POCs**

